
COMBINED DECLARATION AND POWER OF ATTORNEY

**(ORIGINAL, DESIGN, NATIONAL STAGE OF PCT, SUPPLEMENTAL, DIVISIONAL,
CONTINUATION, OR C-I-P)**

As a below named inventor, I hereby declare that:

TYPE OF DECLARATION

This declaration is for an original application.

INVENTORSHIP IDENTIFICATION

My residence, post office address and citizenship are as stated below, next to my name. I believe that I am the original, first and sole inventor of the subject matter that is claimed, and for which a patent is sought on the invention entitled:

TITLE OF INVENTION

EXERCISE DEVICE

SPECIFICATION IDENTIFICATION

The specification is attached hereto.

ACKNOWLEDGMENT OF REVIEW OF PAPERS AND DUTY OF CANDOR

I hereby state that I have reviewed and understand the contents of the above-identified specification, including the claims, as amended by any amendment referred to above.

I acknowledge the duty to disclose information, which is material to patentability as defined in 37, Code of Federal Regulations, Section 1.56.

POWER OF ATTORNEY

I hereby appoint the following practitioner(s) to prosecute this application and transact all business in the Patent and Trademark Office connected therewith.

APPOINTED PRACTITIONER(S)	REGISTRATION NUMBER(S)
Donald M. Cislo	22,060
Daniel M. Cislo	32,973
Charles H. Thomas	25,710
Andrew S. Jordan	33,917
David L. Hoffman	32,469
Robert J. Lauson	41,930
Kelly W. Cunningham	43,570
Sarah A. Brown	47455
Naomi Mann	46,431

I hereby appoint the practitioner(s) associated with the Customer Number provided below to prosecute this application and to transact all business in the Patent and Trademark Office connected therewith.

SEND CORRESPONDENCE TO

DIRECT TELEPHONE CALLS TO:

Donald M. Cislo
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DECLARATION

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code, and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

SIGNATURE(S)

Darrell Greenland

Inventor's signature

Date 1/17/02

Country of Citizenship USA

Residence Santa Monica, CA

Post Office Address 934 - 4th Street, #21, Santa Monica, CA 90403

2024 RELEASE UNDER E.O. 14176

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re the application of: **GREENLAND, Darrell**

Serial Number: Filed Herewith Examiner: Not yet known
Filed: Filed Herewith Art Unit: Not yet known
For: **EXERCISE DEVICE**

BOX PATENT APPLICATION
U.S. Patent and Trademark Office
P.O. Box 2327
Arlington, VA 22202

ASSERTION OF SMALL ENTITY STATUS

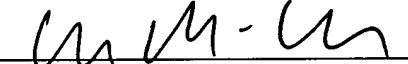
Dear Sir:

Applicant(s) and/or Inventor(s), above, hereby claim small entity status under 37 C.F.R. § 1.9 as an independent inventor. It is not believed that any additional fees are due; however, in the event any additional fees are due, the Examiner is authorized to charge Applicant's Attorney's Deposit Account No. 03-2030.

Respectfully submitted,

CISLO & THOMAS LLP

Date: January 17, 2002


Donald M. Cislo, Reg. No. 22,060

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